

# Calling all Breakfast Superheroes!



Design a School Breakfast Superhero Contest and explain how their super powers will help kids 'Power Up' with school breakfast.

LAUSD will be participating in the School Nutrition Association National Superhero Contest.

Here's how it works:

- Students from grades 1-12 are eligible
- Must use the official entry form for each design submitted
- Drawings or sketches can be submitted as:
  - *Traditional drawing or sketch*
  - *Design, using computer software like Adobe or other computer design software.*
- Entries must be submitted to your Cafe LA Manager by March 13, 2009
- Schools will select and submit their top 3 entries. The District will choose the top 3 overall winners from the schools entries. The overall top 3 will be submitted to the National Superhero Contest.



Local school contests  
run from  
March 2, 2009 to  
March 13, 2009.



NATIONAL DAIRY COUNCIL®



All entries become the property of the LAUSD/ Food Services Branch